ANNUAL REPORT 2018



Child Guidance Center (CGC) celebrated 67 years serving the children and their families of Northeast Florida this year! Building on these 67 years of excellence, our vision is to improve the lives of children and families by offering a full range of comprehensive, state of the art behavioral health services. We continue to engage in research and training programs to support continuous learning and improved treatment outcomes, while deepening collaborative partnerships to contribute to a thriving community. Our staff were honored to have Mr. Daniel Minuchin, Marriage & Family Therapist, MA, LMFT provide a two-day



training. Mr. Minuchin is a senior faculty member at the Minuchin Center for the Family in New York. He has over twenty (20) years experience in the field of Marriage and Family Therapy. Daniel Minuchin is the son of Dr. Salvador Minuchin, the author of Structural Family Therapy and founder of the Philadelphia Child and Family Therapy Training Center (1975).



Select staff also received Life Coach Training under Dr. Elliott Rosenbaum. After serving in the U.S. Navy as a clinical psychologist, Dr. Rosenbaum opened his private practice and founded The American School of Professional Life Coaching (ASPLC) which trains and certifies individuals in the art and science of professional coaching. Dr. Rosenbaum's consulting practice, uThink Consulting, has trained global leaders, medical professionals, teachers and parents how to

effectively coach and inspire others to maximize their potential. He is the author of two books: The Valued Self and The Essential Self. Dr. Rosenbaum is an active community member and serves on the board of multiple non-profit organizations.



Our programs continue to be recognized throughout the state as Child Guidance Center maintains one of the first CAT programs as well as our Rapid Response Team and Full Service Schools programs alongside our Outpatient programming excelling in Family Therapy and Infant Mental Health. In the community, CGC is excited to be collaborating with the Sulzbacher Homeless Center as we develop Infant Mental Health services for their Early Learning Center as well as children's mental health treatment services for their Health Clinic. This is in collaboration with the Florida Institute of Education based at UNF. Targeted Case Management services as well as Psychiatry continue to support all services needing additional attention.

Our Services

Community Action Team (CAT): CAT consists of therapists, case managers, mentors, nurse and psychiatrist who provide wrap around services to high risk youth and their families in Duval County.

Case Management Services: Targeted Case Managers work with the child and family to link them with needed community services, monitor, and evaluate the services. Case Management services are available in Clay and Duval County.

Community Family Services: Provide in-home and on-site therapeutic services to children, adolescents and their families who are having serious emotional problems in Clay and Duval County.

Infant, Child & Family Therapy (Sulzbacher Village): Provides on-site therapeutic services to the residential families of Sulzbacher Village.

Family Services Planning Team (FSPT): This team consists of a group of representatives from various agencies who collaboratively are responsible for coordinating community-based support services for children who are at risk of losing their current home placement due to behaviors attributed to emotional disturbance.

Full Service School Counseling: Counseling is provided at Englewood, Sandalwood, Douglas Anderson, Wolfson, Atlantic Coast, as well as the middle and elementary feeder schools. Individual, family and group sessions are provided.

Infant & Early Childhood Services: Services are provided to families with children under 6 who have been experiencing emotional and/or behavioral difficulties. Services include dyadic therapy with the primary caretaker and child, family therapy, individual therapy, play therapy and case management. The specific services and location of services are determined by the family's needs. These services are provided in Clay and Duval Counties.

Outpatient Services: Outpatient counseling consis<mark>ts of indiv</mark>idual and family therapy, group therapy, and parental suppor This service is available to all children, adolescents, and families who meet clinical criteria.

Psychiatric Services: Psychiatric services can be accessed at all Duval County sites at Child Guidance Center. Clients are provided the following services: Psychiatric Evaluation, Team Treatment Planning, and Medication Management.

Rapid Response Program: The Team's objective is to reduce the number of children hospitalized through the Baker Act and to ensure follow-up services are provided after the crisis intervention episode. Referrals are accepted from Duval County Public Schools and from Foster Care Hot Lines.

Child Guidance Center served 5,515 children, adolescents and adults during FY18. The unduplicated breakdown by age groups, race, gender and primary diagnosis include:

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Clients Served By Gender

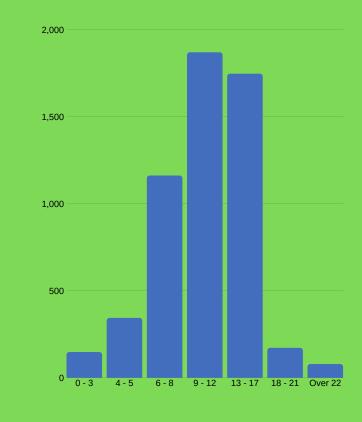
Female

Male

2454

CLIENTS SERVED BY RACE

African American	169
American Indian/Alaskan Native	6
Asian	50
Caucasian	187
Hispanic	748
Multi-Racial	662
Native Hawaiian/Other Pacific	7
Unknown	473



Clients Served By Age Group



Mr. Thomas Schmidt, Chairperson Mr. Larry Celzo, First Vice Chairperson Mrs. Lindsay Swiger, Second Vice Chairperson Mrs. Miriam Crowe, Secretary Mr. Maury Lazenby, Treasurer Mrs. Michele Seymour, Immediate Past Chairperson

Child Guidance Center Executive Staff Dr. Theresa Rulien, President/CEO Dr. Laurie Truog, Medical Director Mrs. Stacy D. Sechrist, Chief Programs Officer Mrs. Payal Patel, Human Resources Director Ms. Beth Oberlander, Quality Assurance Director Ms. Tracy Boone Chef Chriss Brown Mr. Ricky King Mr. Richard Pierpont Mrs. Toni Porterfield

For more information or to access services, please call one of our four outpatient locations:

Beaches 804 3rd Street, N., Suite C Neptune Beach, FL 32250 • 904-448-4700 ext.500 Northside 1110 Edgewood Avenue West Jacksonville, FL 32208 • 904-448-4700 ext.600 Southside 5776 St. Augustine Road Jacksonville, FL 32207 • 904-448-4700 ext.100 Westside 4595 Lexington Avenue Jacksonville, FL 32210 © 904-448-4700 ext.50

> All facilities are accessible for persons with disabilities. Translation services are also available

Clients have the right to treatment without regard to sex, race, color, national origin, religion, spiritual beliefs, handicaps, language or economic status.