



## 2017 Report to our Community

In October 2017, **Child Guidance Center (CGC)** celebrated 66 years serving the children and their families of Northeast Florida. It continues to be an honor to serve the community by offering mental health services, including psychiatry and targeted case management, to the families of our community. We continue to offer services on Jacksonville's Southside, Northside, Westside and Arlington area, as well as make ourselves available through the Full Service Schools of the Englewood and Sandalwood feeder patterns. CGC is excited to also offer outpatient services in Baker County, Clay County and most recently at Neptune Beach. Any of our services may be accessed by calling one number **(904) 448-4700** and choosing the desired extension.

In this age of change, that we both embrace and fear, I invite you to join Child Guidance Center in our mission of **investing in our community by providing counseling and support services to assist children and families in reaching their fullest potential.**

### **New Outpatient Office at Neptune Beach**

A grant from the Beaches Community Fund (BCF) through The Community Foundation for Northeast Florida provided Child Guidance Center the opportunity to open an office to provide therapeutic mental health services to the children, adolescents and families of the Jacksonville Beaches community. We began providing services in July and continue to grow our relationships within the community each month.

Our beach address is: 804 3rd Street North, Suite C  
Neptune Beach, FL 32250

For an appointment call: **904-448-4700 ext. 135**



For more pictures of the Neptune Beach office, visit [www.childguidancecenter.org](http://www.childguidancecenter.org) under Special Events.

## Swing Fore Mental Health

CGC's 2<sup>nd</sup> Annual Swing Fore Mental Health Golf Tournament was a huge success! Thank you to everyone involved in putting the tournament together, sponsoring it, pulling it off and to those who joined us in a rousing round of golf! Because of your dedication and support, Child Guidance Center raised \$11,521.71. This money was specifically used to provide direct mental health services for the children we serve.

Special thanks to all our sponsors:

|                            |  |
|----------------------------|--|
| <b>Platinum</b>            | CBIZ/Savitz  |
| <b>Gold</b>                | Aon<br>Cigna<br>Compass Management & Consulting Inc.<br>Delta Dental<br>Montoya & Associates / Sun Life<br>The Main Street America Group   |
| <b>Silver</b>              | All Pro Asphalt<br>Bluegrass Materials<br>Cecil W. Powell & Company<br>Davis Mail Services<br>MOVIDA24<br>SEI<br>T-Mobile  |
| <b>Grab N Go Breakfast</b> | Harden & Associates  |
| <b>Closest to Pin</b>      | Raymond James  |
| <b>Longest Drive</b>       | Rogers Towers  |
| <b>Straightest Drive</b>   | Rogers Towers  |
| <b>Hole In One Sponsor</b> | Asset Health ( <i>cash prize</i> )<br>Jackson   Lewis ( <i>cash prize</i> )<br>Duval Mazda ( <i>automobile prize</i> )   |
| <b>Hole Sponsors</b>       | Anthem Lakes<br>bestbet Jacksonville<br>Boundary Boys<br>CGC Executive Team<br>Colonial Life<br>DEX Imaging<br>First Command Financial Service<br>FIS (2 holes)<br>Holland & Knight<br>Joey and Theresa Rulien<br>Karen Conrad, Realtor, Keller Williams Realty<br>Magers & Associates |

## **Description of Services**

**Community Action Team (CAT):** This Team of therapists, case managers, mentors, nurse and psychiatrists provide wraparound services to high risk youth and their families.

**Community Based Services:** Community therapists provide in-home and on-site therapeutic services to infants, children, adolescents and their families, including children in foster care, who are having serious emotional problems in Jacksonville and Clay County.

**Day Care Consultation (Jacksonville Journey):** Provides on-site evaluation of children in subsidized daycare programs in collaboration with the Early Learning Coalition and Jacksonville Children's Commission.

**Family Services Planning Team (FSPT):** This team, chaired by Child Guidance Center staff, consists of a group of representatives from various agencies who collaboratively are responsible for coordinating community-based support services for children who are at risk of losing their current home placement due to behaviors attributed to emotional disturbance.

**Full Service School Counseling:** Counseling is provided at two Full Service School sites (Sandalwood and Englewood) and their feeder schools. Individual, family and group sessions are provided. This program empowers family members to become actively involved in their child's education and healthy emotional development.

**Outpatient Services:** Outpatient counseling consists of individual and family therapy, group therapy, and parental support. This service is available to all children, adolescents, and families who meet clinical criteria. Child Guidance Center operates four Outpatient offices located conveniently throughout Jacksonville with a satellite office in Baker County and now the beaches.

**Psychiatric Services:** Psychiatric services can be accessed through all programs at Child Guidance Center. Clients are provided the following services: Psychiatric Evaluation, Team Treatment Planning, and Medication Management.

**Rapid Response Team:** The Team's objective is to reduce the number of children hospitalized through the Baker Act and to ensure follow-up services are provided to the child after the crisis intervention episode by utilizing Licensed Mental Health professionals for their expertise in crisis de-escalation and stabilization. Referrals are accepted from a variety of sources, Duval County Public Schools, Foster Care Hot Lines, Community partners, parents and youth.

**Targeted Case Management Services:** Targeted Case Managers work with the child and family to link them with needed community services, while monitoring and evaluating the services they are receiving. Case Managers act as advocates for the child and family.

**Child Guidance Center served 6,116 children, adolescents and adults during FY17.** The unduplicated breakdown by age groups, race, gender and primary diagnosis include:

| <b>CLIENTS SERVED BY GENDER</b> |       | <b>CLIENTS SERVED BY RACE</b>  |       | <b>CLIENTS SERVED BY AGE GROUP</b> |       |
|---------------------------------|-------|--------------------------------|-------|------------------------------------|-------|
| Female                          | 2,751 | African American               | 2,039 | 0 - 3                              | 173   |
| Male                            | 3,365 | American Indian/Alaskan Native | 10    | 4 - 5                              | 416   |
| Total:                          | 6,116 | Asian                          | 50    | 6 - 8                              | 1,196 |
| *unduplicated clients           |       | Caucasian                      | 2,105 | 9 - 12                             | 2,073 |
|                                 |       | Hispanic                       | 686   | 13 - 17                            | 1,873 |
|                                 |       | Multi-Racial                   | 456   | 18-21                              | 295   |
|                                 |       | Native Hawaiian/ Other Pacific | 10    | 22 and over                        | 90    |
|                                 |       | Unknown                        | 760   | Total:                             | 6,116 |
|                                 |       | Total:                         | 6,116 |                                    |       |

**PRIMARY DIAGNOSIS  
BY UNDUPLICATED CLIENTS**

| Dx Group                           | Percentage |
|------------------------------------|------------|
| Adjustment Disorders               | 22.24%     |
| Anxiety Disorders                  | 9.73%      |
| Attention-Deficit Disorders        | 19.48%     |
| Bi-Polar Disorders                 | 0.56%      |
| Conduct Disorders                  | 15.98%     |
| Depressive Disorders               | 10.46%     |
| Impulse Disorders                  | 0.66%      |
| Mood Disorders                     | 5.56%      |
| Obsessive-compulsive disorder      | 0.10%      |
| Other Disorders/Deferred Diagnosis | 8.36%      |
| Post-Traumatic Stress Disorders    | 6.49%      |
| Psychotic Disorders                | 0.40%      |
| Total                              | 100.00%    |

**Top Ten Diagnosis**

|  | Total | Percentage |
|--|-------|------------|
| Attention-deficit/hyperactivity disorder, combined presentation    | 930   | 15.21%     |
| Diagnosis Deferred   | 501   | 8.19%      |
| Unspecified disruptive, impulse-control, and conduct disorder      | 371   | 6.07%      |
| Oppositional defiant disorder                                      | 369   | 6.03%      |
| Unspecified anxiety disorder                                       | 354   | 5.79%      |
| Adjustment disorder with mixed disturbance of emotions and conduct | 346   | 5.66%      |
| Posttraumatic stress disorder                                      | 303   | 4.95%      |
| Adjustment disorder with depressed mood                            | 227   | 3.71%      |
| Persistent depressive disorder (dysthymia)                         | 213   | 3.48%      |
| Adjustment disorder, unspecified                                   | 210   | 3.43%      |

| <u>Revenues</u>                    | <u>2017</u> | <u>Expenses</u>       | <u>2017</u> |
|------------------------------------|-------------|-----------------------|-------------|
| Medicaid                           | \$4,443,721 | Personnel             | \$6,361,509 |
| Client and Other Fees              | \$71,711    | Depreciation          | \$178,746   |
| Family Support Services            | \$144,209   | Lease/Rent            | \$224,150   |
| Jacksonville Children's Commission | \$654,606   | Professional Services | \$239,781   |
| State of Florida                   | \$1,508,890 | Supplies & Equipment  | \$91,002    |
| Commercial Insurance               | \$137,672   | Travel                | \$97,404    |
| Other                              | \$622,176   | Utilities/Telephone   | \$184,934   |
| Total                              | \$7,582,985 | Other                 | \$288,438   |
|                                    |             | Total                 | \$7,665,964 |

## **BOARD OF DIRECTORS**

### **Officers:**

Mr. Thomas Schmidt, Chairperson  
 Mr. Larry Celzo, First Vice Chairperson  
 Ms. Angela McClure, Second Vice Chairperson  
 Mrs. Miriam Crowe, Secretary  
 Mr. Maury Lazenby, Treasurer  
 Mrs. Michele Seymour, Immediate Past Chairperson

### **Members:**

Mrs. Javelyn Arvay  
 Mr. Chris Brady  
 Ms. Teresa Eichner  
 Mrs. Paige Johnston  
 Mr. Ricky King  
 Mr. David "Kirk" Kirkland  
 Mr. Richard Pierpont

## **Child Guidance Center Executive Staff**

Dr. Theresa Rulien, President/CEO  
 Dr. Laurie Truog, Medical Director  
 Mr. Guy Parker, Chief Financial Officer  
 Mrs. Stacy D. Sechrist, Chief Programs Officer  
 Mrs. Payal Patel, Human Resources Director  
 Ms. Beth Oberlander, Quality Assurance Director

For more information or to access services, please call one of our four outpatient locations:

|           |  |
|-----------|--|
| Arlington | 1100 Cesery Boulevard, Suite 100<br>Jacksonville, FL 32211 • 904-448-4700 ext.300      |
| Baker     | 418 South 8 <sup>th</sup> Street<br>Macclenny, FL 32063-2378 • 904-448-4700 ext.501    |
| Beaches   | 804 3 <sup>rd</sup> Street, N., Suite C<br>Neptune Beach, FL 32250 • 904-448-4700 ext. |
| Northside | 1110 Edgewood Avenue West<br>Jacksonville, FL 32208 • 904-448-4700 ext. 600            |
| Southside | 5776 St. Augustine Road<br>Jacksonville, FL 32207 • 904-448-4700 ext.100               |
| Westside  | 4595 Lexington Avenue<br>Jacksonville, FL 32210 • 904-448-4700 ext. 500                |

*All facilities are accessible for persons with disabilities.*

*Translation services are also available*

*Clients have the right to treatment without regard to sex, race, color, national origin, religion, spiritual beliefs, handicaps, language or economic status.*

**Logos that need to be added to the back page of the annual report:**

**CARF, DCF, Family Support Services, Jacksonville Children's Commission, Lutheran Services Florida, The Community Foundation of NE Florida, United Way**