

# childguidancecenter unlimited potential. endless possibilities.

2016 report to the community

## This year has been

# All About the Babies...

**Child Guidance Center** offers services to caregivers and children ages 0-5. Services are covered through a generous grant from The Jim Moran Foundation and/or Medicaid insurance. Infant & Early Childhood Specialists work to assist parents in meeting the child's social and emotional needs, and develop support systems to sustain the changes. Child development education and guidance are also provided to the caregivers.

Child Guidance Center is working together with Gateway Community Services, Mental Health Resource Center, and River Region Human Services through Project Healthy Homes. We are collaboratively seeking to enhance and expand effective community-based treatment systems for co-occurring substance abuse and mental health disorders within high-risk families. Families with more than ten calls to the Department of Children & Families abuse hotline and have at least one primary caretaker with a substance abuse disorder are candidates for this program.

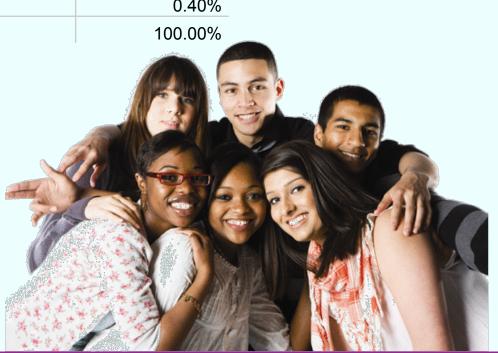
In a newly federally funded initiative, Child Guidance Center was chosen to participate in the Florida Maternal, Infant and Early Childhood Home Visiting (MIECHV) Initiative, Moving Beyond Depression<sup>™</sup> pilot grant. Two of our staff were selected to participate in this new program under a Federal grant through the Florida Association of Healthy Start Coalitions, Inc. CGC was one of only six (6) sites in Florida were chosen to participate. Liz Andersen and Celeste Donaldson recently traveled to Cincinnati to attend several days of training to begin this new venture.



## Primary Diagnosis By Unduplicated Clients

Adjustment Disorders	22.24%
Anxiety Disorders	9.73%
Attention-Deficit Disorders	19.48%
Bi-Polar Disorders	0.56%
Conduct Disorders	15.98%
Depressive Disorders	10.46%
Impulse Disorders	0.66%
Mood Disorders	5.56%
Obsessive-compulsive disorder	0.10%
Other Disorders/Deferred Diagnosis	8.36%
Post-Traumatic Stress Disorders	6.49%
Psychotic Disorders	0.40%
Total	100.00%

Child Guidance Center served 5,073 children, adolescents and adults during FY16.



## The unduplicated breakdown by age groups, race, and gender include:



Female	2,177
Male	2,860
Total:	5,037



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African American	1,835
American Indian/Alaskan Native	13
Asian	57
Caucasian	1,874
Hispanic	585
Multi-Racial	263
Native Hawaiian/Other Pacific	9
Unknown	401
Total:	5,037

age		
0 - 3	194	
4 - 5	401	
6 - 8	1,183	
9 - 12	1,544	
13 - 17	1,546	
18 - 21	154	
22 and over	15	
Total:	5,037	

# **Description of Services**

**Community Action Team (CAT):** This team of therapists, case managers, mentors, nurse and psychiatrists provide wraparound services to high risk youth and their families.

**Community Family Services:** Community therapists provide in-home and on-site therapeutic services to children, adolescents and their families, including children in foster care, who are having serious emotional problems.

**Day Care Consultation (Jacksonville Journey):** Provides on-site evaluation of children in subsidized daycare programs in collaboration with the Early Learning Coalition and Jacksonville Children's Commission.

**Family Services Planning Team (FSPT):** This team, chaired by Child Guidance Center staff, consists of a group of representatives from various agencies who collaboratively are responsible for coordinating community-based support services for children who are at risk of losing their current home placement due to behaviors attributed to emotional disturbance.

**Full Service School Counseling:** Counseling is provided at seven high schools and their feeder schools located across Duval County. Individual, family and group sessions are provided. This program empowers family members to become actively involved in their child's education and healthy emotional development.

**Infant & Early Childhood Services:** The Program serves families with children under six (6) who are at risk of abuse or neglect. The services provided include dyadic therapy with the primary caretaker and the child, family therapy, individual therapy, play therapy and case management. The specific services are determined by the family's needs. Services are delivered in Baker, Clay and Duval counties.

**Outpatient Services:** Outpatient counseling consists of individual and family therapy, group therapy, and parental support. This service is available to all children, adolescents, and families who meet clinical criteria. Child Guidance Center operates four Outpatient offices located conveniently throughout Jacksonville.

**Psychiatric Services:** Psychiatric services can be accessed through all programs at Child Guidance Center. Clients are provided the following services: Psychiatric Evaluation, Team Treatment Planning, and Medication Management.

**Rapid Response Program:** The Team's objective is to reduce the number of children hospitalized through the Baker Act and to ensure follow-up services are provided to the child after the crisis intervention episode. Referrals are accepted from Duval County Public Schools and from Foster Care Hot Lines.

**School-Based Counseling Programs:** Targeted Case Managers work with the child and family to link them with needed community services, while monitoring and evaluating the services they are receiving. Case Managers act as advocates for the child and family.

## Revenues

Medicaid	\$4,612,570
Client and Other Fees	\$82,249
Family Support Services	\$259,259
Jacksonville Children's Commission	\$647,717
State of Florida	\$1,561,053
United Way	\$45,244
Other	\$540,385
Total:	\$7,748,477





# Expenses

Personnel	\$6,397,690
Depreciation	\$164,569
Lease/Rent	\$221,251
Professional Services	\$205,417
Supplies & Equipment	\$95,807
Travel	\$105,958
Utilities	\$259,126
Other	\$311,953
Total:	\$7,665,964



## **Executive Staff**

Dr. Theresa Rulien, President/CEO Dr. Laurie Truog, Medical Director Mr. Guy Parker, Chief Financial Officer Ms. Annette Vajda, Human Resources Director Mrs. Beth Oberlander, Quality Assurance Director Mrs. Stacy D. Sechrist, Chief Programs Officer

## **Board of Directors**

### Officers:

Mrs. Michele Seymour, Chairperson Ms. Michelle Leak, First Vice Chairperson Mr. Thomas Schmidt, Second Vice Chairperson Sergeant Barbara Weber, Secretary Mr. Maury Lazenby, Treasurer Mrs. Paige Johnston, Immediate Past Chairperson

## Members:

Mr. Chris Brady Mr. Larry Celzo Mrs. Miriam Crowe Ms. Teresa Eichner Mr. David "Kirk" Kirkland Ms. Angela McClure Mrs. Kathryn McClure Mr. Richard Pierpont Mr. Christopher Walker Mrs. Meg Zabijaka



For more information or to access services, please call one of our four outpatient locations:

#### **Arlington/Beaches**

1100 Cesery Boulevard, Suite 100 Jacksonville, FL 32211 • 904-448-4700 ext.300

Northside 1110 Edgewood Avenue West Jacksonville, FL 32208 • 904-448-4700 ext. 600

#### Southside

5776 St. Augustine Road Jacksonville, FL 32207 • 904-448-4700 ext.100

### Westside

4595 Lexington Avenue Jacksonville, FL 32210 • 904-448-4700 ext. 500

All facilities are accessible for persons with disabilities. Translation services are also available

Clients have the right to treatment without regard to sex, race, color, national origin, religion, spiritual beliefs, handicaps, language or economic status.















LIC SCHOOLS