

**childguidancecenter**

unlimited potential. endless possibilities.

2014 report to the community

**Child Guidance Center is excited to introduce our newest program:**

# **Community Action Team**

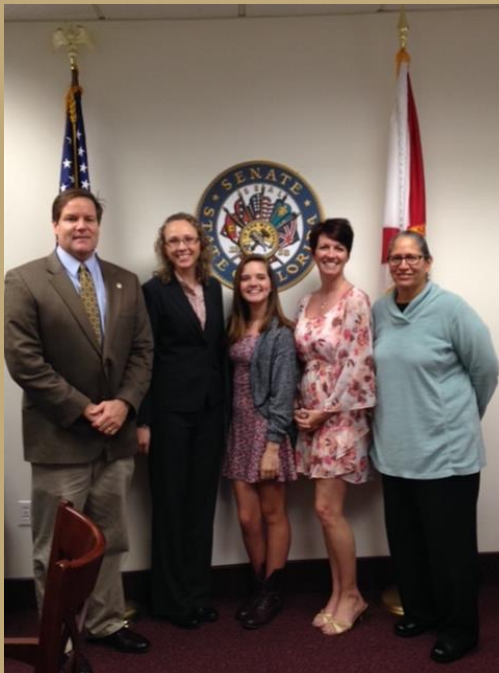
The Community Action Team (CAT) program was part of a ten-county initiative designed to prevent children and young adults from entering the Juvenile Justice, Foster Care, and residential systems. CAT provides strength based wrap-around services via a self-contained team consisting of therapists, case managers and mentors available 24 hours a day, seven days a week. The program was launched officially on August 1, 2013 where it received referrals from a wide variety of places including DCF, Juvenile Justice, outpatient treatment centers, and Exceptional Education programs. The referrals ranged from ages 11-21 and were all in crisis. A few of the identified clients did not have any success in traditional behavioral health treatment, and all were in danger of being placed in residential or juvenile detention placements.

CAT focuses on the client's and family's health by providing access to a psychiatrist and a nurse. CAT empowers the family and supports them to strengthen and build natural support networks with family members, friends and teachers, cultural or volunteer groups.

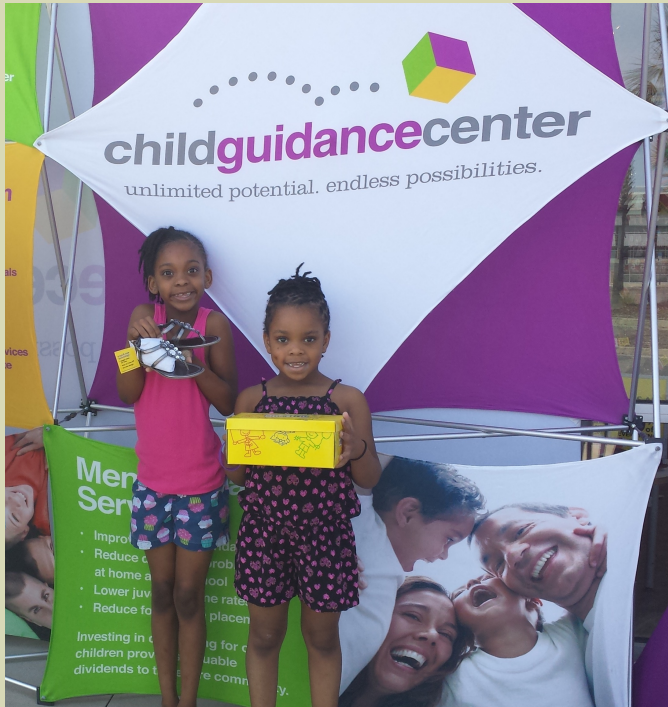
The Mental Health treatment emphasizes family therapy and accessing resources in the community to keep the clients from entering residential treatment or other diversionary programs. The Mentors provide a different element to this treatment approach by providing respite care, tutoring, and transportation in some cases. Case managers help empower the families and link them to treatment and services. The Registered Nurse addresses the general well being and health needs of the identified clients and the rest of the family.

The CAT program had a lot of initial success in the community. Families were empowered by this new model that focused on utilizing a team approach and access to resources in the community. The CAT program was asked to present to the Florida Senate in Tallahassee on February 12, 2014. We sent members of the Child Guidance Center CAT program to the Capitol along with a CAT family who agreed to speak on behalf of the program. The mother of this family was able to provide a moving testimonial about how the CAT program essentially helped save her daughter's life and came through for her where previous services almost let her family fall through the cracks. It elicited a standing ovation in the chamber and galvanized tremendous support for the program. Child Guidance Center's CAT program traveled to Tallahassee with another family again on February 18, 2014, to visit members of the House of Representatives where they received a similar response. When it came time to support the program in the 2014 legislation and budget, the Florida Congress not only voted to renew the program, but it increased the funding for the existing ten teams and counties and it expanded the CAT program to three additional counties.

The CAT program is inspired by the response to this program and looks forward to serving more families. We are adding a therapist to help us serve more clients and to continue what we started last year.



# PAYLESS GIVES SHOES 4KIDS



In 2014, Child Guidance Center was honored to partner with Payless shoe store. The Center provided free shoes to 75 children in need through **PAYLESS GIVES SHOES 4KIDS** program. This event took place on Saturday, May 17, 2014 at Payless, River City Market Place. Children and adolescents throughout Duval County received gift cards to purchase brand new shoes. The families had a great time watching their children shop.

## **Primary Diagnosis By Unduplicated Clients**

Adjustment Disorders	19.23%
Anxiety Disorders	9.21%
Attention-Deficit Disorders	21.86%
Bi-Polar Disorders	2.57%
Depressive Disorders	14.01%
Disruptive Behavior Disorders	22.46%
Other Disorders	2.76%
Post-Traumatic Disorders	7.37%
Psychotic Disorders	0.53%
Total:	100%

**Child Guidance Center served 5057 children,  
adolescents and adults during FY14.**



# The breakdown by age groups, race and gender include:

## gender

Female	1,997
Male	3,060
Total:	5,057

*\*unduplicated clients*

## race

African American	2,012
American Indian/Alaskan Native	14
Asian	50
Caucasian	2,147
Hispanic	469
Multi-Racial	290
Native Hawaiian/Other Pacific	5
Unknown	70

## age

0 - 3	97
4 - 5	257
6 - 8	1,083
9 - 12	1,574
13 - 17	1,736
18 - 21	306
Over 22	2
Unknown	2
Total:	5,057

# Description of Services

**Outpatient Services:** At the core of Child Guidance Center's programs is outpatient counseling. Outpatient counseling consists of individual and family therapy, group therapy, and parental support. This service is available to all children, adolescents, and families who meet clinical criteria. Child Guidance Center operates four Outpatient offices located conveniently throughout Jacksonville.

**Case Management Services:** Targeted Case Managers work with the child and family to link them with needed community services, while monitoring and evaluating the services they are receiving. Case Managers act as advocates for the child and family.

**Community Family Services:** Community therapists provide in-home and on-site therapeutic services to children, adolescents and their families, including children in foster care, who are having serious emotional problems.

**Day Care Consultation (Jacksonville Journey):** Provides on-site evaluation of children in subsidized daycare programs in collaboration with the Early Learning Coalition and Jacksonville Children's Commission.

**Family Services Planning Team (FSPT):** This team, chaired by Child Guidance Center staff, consists of a group of representatives from various agencies who collaboratively are responsible for coordinating community-based support services for children who are at risk of losing their current home placement due to behaviors attributed to emotional disturbance.

**Full Service School Counseling:** Counseling is provided at seven high schools and their feeder schools located across Duval County. Individual, family and group sessions are provided. This program empowers family members to become actively involved in their child's education and healthy emotional development.

**High Risk Newborn Program:** The Program serves families with children under 2 who are at risk of abuse or neglect. The services provided include dyadic therapy with the primary caretaker and the child, family therapy, individual therapy, play therapy and case management. The specific services are determined by the family's needs. Services are delivered in the home setting.

**Psychiatric Services:** Psychiatric services can be accessed through all programs at Child Guidance Center. Clients are provided the following services: Psychiatric Evaluation, Team Treatment Planning, and Medication Management.

**Rapid Response Program:** The Team's objective is to reduce the number of children hospitalized through the Baker Act and to ensure follow-up services are provided to the child after the crisis intervention episode. Referrals are accepted from Duval County Public Schools and from Foster Care Hot Lines.

**School-Based Counseling Programs:** In-school counseling and educational services are provided to students assigned to the Excel/EBD Program in seven Duval County Public Schools.

**School Support Services:** Therapists are in classrooms, 1-2 hours each week, to assist/participate in several areas: assessment of classroom and individual needs, teacher collaboration, large and small group behavioral health activities. The intent is to focus on common issues of concern effecting academic achievement, i.e. peer interaction/social skills, as well as to work with identified children requiring individual attention.



# Revenues

Medicaid	\$4,368,280
Children's Medical Services	\$89,466
Client and Other Fees	\$39,192
Duval County School Board	\$1,976,674
Family Support Services	\$394,180
Jacksonville Children's Commission	\$1,049,606
State of Florida	\$1,418,967
United Way	\$102,738
Other	\$420,700
<b>Total:</b>	<b>*\$9,859,803</b>

*\*Unaudited financial results for FY14*



# Expenses

Personnel	\$8,422,634
Building/Occupancy	\$542,212
Depreciation	\$122,108
Professional Services	\$102,052
Supplies & Equipment	\$128,836
Travel	\$146,128
Other	\$400,583
<b>Total:</b>	<b>\$9,864,553</b>



## Executive Staff

Dr. Theresa Rulien, President/CEO

Mrs. Jane Chafin, Clinical Director

Mrs. Beth Oberlander, Quality Assurance Director

Mr. Guy Parker, Chief Financial Officer

Ms. Annette Vajda, Human Resources Director

Dr. Anna Yumul, Medical Director

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Mr. Thomas Schmidt

Mrs. Annes Steeves

Mr. Joseph Strain

Sergeant Barbara Weber

Mrs. Meg Zabijaka

# Locations

For more information or to access services, please call one of our four outpatient locations:

## Arlington/Beaches

1100 Cesery Boulevard, Suite 100  
Jacksonville, FL 32211 • 904-448-4700 ext.300

## Northside

1110 Edgewood Avenue West  
Jacksonville, FL 32208 • 904-448-4700 ext. 600

## Southside

5776 St. Augustine Road  
Jacksonville, FL 32207 • 904-448-4700 ext.100

## Westside

4595 Lexington Avenue  
Jacksonville, FL 32210 • 904-448-4700 ext. 500

*All facilities are accessible for persons with disabilities.  
Translation services are also available*

*Clients have the right to treatment without regard to sex, race, color, national origin, religion, spiritual beliefs, handicaps, language or economic status.*



